



**Parish Hospice Palliative Care
Volunteer Training**

Do you feel called to visit the sick, terminally ill, dying and bereaved in your parish community? As a member of a Parish, you would represent your parish community by journeying with a person and being a loving support by listening, with some understanding of the challenges with which they may be coping, to ease the suffering and improve quality of life. Would your parish like to enhance the outreach ministry to include palliative care volunteer visits?

Two day certified course - **March 30 and April 13, 2019** 8:00am-3:30pm
Location: Chalice building, 26 Union Street, Bedford
Presenters: Mary Wylde RN, Sister (Doctor) Nuala Kenny and Susan Duggan
Please register by **March 17, 2019** (earlier is better)
Contact: Dianne Bulger diannebulger@ns.sympatico.ca or 902-880-3494
Cost: \$25.00 to cover materials and lunch
Training provided by St. Mary's Cathedral Basilica

Training for Parish Palliative Care

Volunteers

Do you feel called to visit the sick, terminally ill, dying and bereaved in your parish community? As a member of a Parish, you would represent your parish community by journeying with a person and being a loving support by listening, with some understanding of the challenges with which they may be coping, to ease the suffering and improve quality of life.

Would your parish like to enhance the outreach ministry to include palliative care volunteer visits?

Two day certified course: March 30 and April 13, 2019, 8:00am-3:30pm

Location: Chalice building 26 Union Street, Bedford

Presenters: Mary Wylde RN, Sister (Doctor)

Nuala Kenny and Susan Duggan

Please register by: March 17, 2019 (earlier is better)

Contact: Dianne Bulger @902-880-3494

or email diannebulger@ns.sympatico.ca

Cost: \$25.00 to cover materials and lunch



Worldwide Marriage Encounter Weekend

Organizers of a Worldwide Marriage Encounter weekend invite you to enrich your relationship for a lifetime of love. Join them on May 3 - 5, 2019 at Between The Hearts Renewal Centre, Amherst, NS. Open to husbands and wives throughout Atlantic Canada.

For more information, or to sign up email renewmarriage@gmail.com or call 902-314-8541.



*St. Agnes Parish
24th February 2019
7th Sunday in Ordinary*

St. Agnes Council



Council 16817

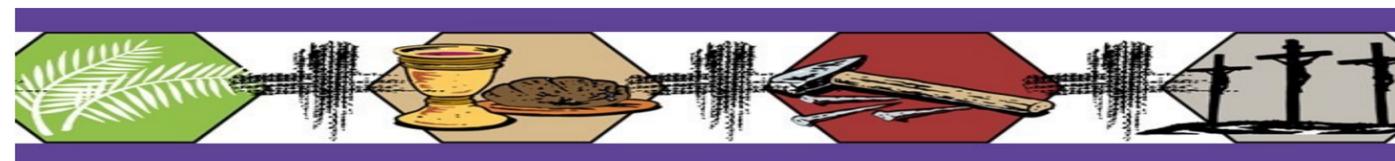


From the Desk of Fr. Paul :

“Friends,

Our forty-day Lenten journey toward Easter is fundamentally an imitatio Christi – an imitation of Jesus’ time in the desert. It’s a time of simplicity, purification, and self-denial, of setting aside our distractions and diversions and getting back to basics: prayer, fasting, and almsgiving.

But this is also a season for confronting the desert of our own sin. Because God is the source of life, abandoning God forms a desert land around us. We tend to cover up our sins, make excuses for them, or dull our sensitivity to them. But during Lent, we intentionally venture into the desert, realizing the depths of our sin, and repenting, in order that we might find Christ’s path back to life. With our eyes fixed on the coming glory of Easter, let us together enter into this desert time of self-denial, ready to break out of the cramped, barren space of self-absorption. **May God bless you!”**



OUR SINCERE SYMPATHIES AND PRAYERS TO THE BARHO FAMILY

Our hearts were broken last Tuesday when we heard the devastating news of the house fire in Spryfield that claimed the lives of seven children. The Barho family were from Syria, arriving in Canada in September, 2017 in hopes of a new and better life in Canada. The tragedy has impacted our community and beyond.

As Christians, our faith teaches us that we are called to the corporal works of mercy, to help others in need as we are able. In response to this tragedy, we encourage you to support this family as you are able to. There is a Go Fund Me Fundraising Campaign online to assist the Barho family . You can donate at www.gofundme.com/spryfield-fire-disaster-support

St. Agnes Parish, 6903 Mumford Road, Halifax NS B3L 2H4 -902-454-8200 fax 902-455-3831,
Website: <http://www.stagneparish.ca>; email: stagnes@hfx.eastlink.ca
Weekday Masses: Tuesdays & Thursdays 8:00am; Wednesday & Fridays 12:10pm
(note: If there is a funeral Mass there will be no regular Mass)
Saturday: 4:00pm (anticipated); **Confessions:** Saturdays 3pm – 3:30pm.; **Sunday:** 8:30am & 10:30am
Pastor : Father Paul Morris **Email:** fatherpaulmorris@gmail.com
Religious Ed. Director: Tanya Thomson- 902-454-8281 or stagnedre@eastlink.ca
Office Administrator: Marlene Turpin: stagnes@hfx.eastlink.ca **Parish Office Hours:** 9:00am – 3:00pm

F U



Religious Education News

First Reconciliation:

Saturday March 30th 9:00am

First Reconciliation Parent Meeting -

Sunday March 10th 9:30am

First Reconciliation Retreat

Sunday March 24th 11:30am-1:00pm

Friday Lenten Lunches for children and youth –

Fridays in Lent we will gather for Mass at 12:10pm, followed by a warm lunch in the auditorium. In keeping with our Catholic observances this year our Lenten Lunches will be meatless. Children attending Westmount School will be chaperoned to and from the church. Children at other schools will require parent transportation. All children and youth are welcome! Friday's in Lent – March 8th / March 15th / March 29th / April 5th / April 12th

Please Note Friday March 22nd of March Break is a Parish Chowder Lunch in support our Little Church Missions.



Little Church Update

Very excited to say Gorreth and Josephine have both graduated and are now working! Sister Mary Valentine says both girls are doing well and are very happy. Praise God! Thank you to

our parishioners of Saint Agnes and Saint Benedict for support and prayers these past ten years. What a tremendous blessing you have been in the lives of these young ladies ☺

Now we would like to introduce you to Pauline and Valentino. Pauline Nakibuuka is in Grade 7 and is the only daughter, having seven brothers! Valentino Ssegawa is a total orphan, also in Grade 7, Sister says he is very bright and happy to be in school. All monies from the Little Church collections and fund-raisers go to support our sponsorship of the children's education and safety. Please understand our support is a true reflection of God's work and special love.



Wilmer is doing great in Grade 4 at Loyola School, Managua, Nicaragua. The civil unrest has been difficult for him, but he is attending school regularly and keeping his studies up to date. Please keep the teachers, students and families of Pathways to Progress in your prayers. Thank you for supporting our Little Church patrons

*Shrove Tuesday
Pancake Dinner*



26th Halifax Group

PANCAKE SUPPER

TUESDAY MARCH 6TH

from 5:00 pm – 7:00 pm in the auditorium. Menu will consist of pancakes, sausages, cake, juice, tea or coffee. Take Out Available upon Request. Tickets: \$8.00 – Adults / \$4.00 – Youth (12 and under).

Tickets available at the Door

Ash Wednesday March 6—Mass Schedule:



With the appointment of Fr. Paul as Administrator of St. Thomas Aquinas Canadian Martyrs Parish and the transitioning of the two parishes; There will be two Masses held on Ash Wednesday, one at each Parish

Fr. Paul will preside at both Masses:

St. Agnes

@ 12:10

St. Thomas Aquinas Canadian Martyrs

7:00 pm

Ash Wednesday – Fasting and Abstinence From Eating Meat

In Canada, Ash Wednesday and Good Friday are days of **fasting and abstinence from meat**. *Fasting* means taking one full meal and (if required according to genuine need) 2 lighter meals.

Fasting also means no eating between meals! Fasting is expected for healthy persons over 7 years old until the 60th year, although that does not stop someone older than 60 from voluntarily joining with the discipline.

Abstinence from meat is obvious enough, but eggs and milk products (cheese, yoghurt, etc.) do not fall under the requirement. Healthy persons 14 years and older are required to observe the discipline on these 2 days.

Stations of the Cross schedule for both St. Agnes and St. Thomas Aquinas will be announced in the near future.

Week at a Glance

Sunday February 24

Baptisms 10:30am Mass
Private function—Auditorium 7-9pm

Monday February 25

Funeral—Redmond Curtis 10am
SVDP particular Campbell Centre 7pm

Tuesday February 26

Funeral—Jenny Haywood 1pm
Private function—Campbell Centre 9-4pm

Wednesday February 27

Chebucto Links—Campbell Centre 10am
Playgroup—auditorium 10—12

Thursday February 28

Prayer Shawl Ministry Campbell Cnt. 1:30pm
Transition Team—St. Agnes Rm 6:30pm
Private Function—Campbell Centre—6-9pm

Friday March 1

Quilting—Campbell Centre 9-12
Indoor Walking—Auditorium 10am

Saturday March 2

St. Bede's Ordinariate Mass 11am
Chebucto Links Paint Social Auditorium 1-4pm

Sunday March 3

Burning of Palm 10am before Mass
Formation Collection
Private Function—Auditorium 2-4pm
Private Function—Auditorium 7-9pm

Monday March 4

NO MASS

Bingo—Auditorium 6:50pm
CUPE—Campbell Centre 6-9pm



NOTE: We have installed an Alarm System in the Rectory and Church. They are now active. If you have a key for entrance to the facility you will need to come to the office and sign up for a code to the system. DO NOT ATTEMPT TO ACCESS THE FACILITY WITHOUT A CODE. If you are accessing the facility Please ensure that the alarm is off before doing so.