



From the Desk of Fr. Paul

On the second Sunday of Lent we hear the story of the Transfiguration. It was an experience that is much more significant than can be described within the limitations of human language.

On the mountaintop Jesus did not become divine in that moment – no, he was always the eternal Son of God – but he showed his divinity to a select group of the disciples: Peter, James, and John, the same three who would join him in the Garden of Gethsemane of the night he was arrested. So this mountaintop experience of showing his divinity seems intricately tied with beholding Christ in his sorrowful humanity. It is as if he were giving them some kind of strengthening and confirmation that they were to remember in the more challenging days ahead.

From time to time we have all had experiences that more plainly show and remind us of the presence of God in our lives; true, these experiences are typically not as dramatic as the one we hear in the gospel this weekend but nevertheless they help serve as a reminder and consolation for when we sense the presence of the Lord a little less in life's circumstances.

From time to time we are asked to carry our crosses, and remembering our mountaintop experiences helps us persevere in our struggles. In Lent, when we undertake a 40-day spiritual path of penance leading us to Easter Glory, we might ask ourselves: when have I ever experienced in the most intense and compelling way, the glory of God shining into my life and its circumstances? When and where have I experienced an absence? Let us continue to hold each other in prayer as we fast, pray, and give alms during this holy season, a time that invites us to see the true portrait of the Son of God – fully divine and fully human.



Religious Education News:



Friday Lenten Lunches for children and youth – Fridays in Lent we will gather for Mass at 12:10pm, followed by a warm lunch in the auditorium. In keeping with our Catholic observances this year our Lenten Lunches will be meatless. Children attending Westmount School will be chaperoned to and from the church. Children at other schools will require parent transportation. All children and youth are welcome! Friday's in Lent – March 15th / March 29th / April 5th / April 12th . ***Please Note Friday March 22nd of March Break is a Parish Chowder Lunch in support our Little Church Missions.***



Lenten Lunches Our Parish Seafood Chowder Lunch will be held on

Friday March 22nd @ 12 noon. Tickets are 8:00ea. — there are a limited number available, so get yours early. Come on out and enjoy a bowl of Seafood chowder, roll, tea or coffee and a dessert of homemade bread pudding. All proceeds will go towards our Little Church Program. Tickets are available through the office or through Tanya in our Religious Ed office.



Lenten Devotions :

Adoration of the Blessed Sacrament

Thursdays during Lent at **St. Agnes Parish**
Adoration of the Blessed Sacrament will take place immediately following the 8:00 Mass until 12 noon. We will pray the rosary together at 11:30 before concluding with the Divine Praises and Benediction. If there is a funeral in the parish that day, then this will not occur.

At St. Thomas Aquinas Canadian Martyrs, Adoration will take place in the Sacred Heart Chapel the following times:

Tuesdays: 5:00 p.m. – 7:00 p.m ; Wednesdays: 9:45 a.m. – 11:30 a.m; Thursdays: 5:00 p.m. – 7:00 p.m; Fridays: 9:45 a.m. – 1:00 p.m *If there is a funeral in the parish that day, then this will not occur.



Stations of the Cross

A traditional devotion prayed (but not limited to) during Lent. On Fridays during Lent (Good Friday excluded), the Stations are prayed at St. Agnes's at 11:30 am, before Friday Mass, and that evening, 7:00 pm, at St. Thomas Aquinas Canadian Martyrs.

Easter Flowers for the Altar:



As in the past we are offering our parishioners the opportunity to contribute towards the purchase of Lilies and Easter flowers for the Altar at Easter. Donation cost \$10. Your donation will be acknowledged by list at the back of the church, and Fr. Paul will say a special Memorial Mass for all those on the Memorial list at a later date. There are special envelopes at the back of the church with a donor card inside. Please complete the information on the donor card and place them in the collection baskets, or bring them to the Parish office. **Deadline is April 14th Palm Sunday.** Please ensure your name and env # or address is completed for Income Tax purposes.



THANK YOU ! Our 26th Halifax Group would like to thank all those who came out and supported our program through our pancake Supper on Shrove Tuesday. Once again this year the event was a great success.



Week at a Glance

Sunday March 17

2nd Sunday of Lent

No Religious Ed Classes
Children of Mary—St. Agnes Rm 2pm
Private Function—Auditorium 2-9:30pm

Monday March 18

NO MASS

Bingo—auditorium 6:50pm

Tuesday March 19

Meditation—St. Agnes Rm 1:30pm

Wednesday March 20

Chebucto Links—Campbell Centre 10am
Playgroup—Auditorium 10—12

Thursday March 21

Prayer Shawl Ministry Campbell Cnt. 1:30pm
Private Function—Campbell Centre—6-9pm

Friday March 22

Quilting—Campbell Centre 9-12
Indoor Walking—Auditorium 10am
Parish Chowder Lunch 12 noon

Saturday March 23

St. Bede's Ordinariate Mass 11am

Sunday March 24

3rd Sunday of Lent

No Religious Ed Classes
1st Reconciliation Retreat 11:30am
Private function—Auditorium 7-9pm



Christian Meditation/ Contemplation :

Last week in session one we discussed What do you think of God? Do you like God?: What have been your thoughts over the years? And How you think God treats you is how you will treat others!; This week in Session 2 on March 19th the topic is Experiencing God vs Knowing about God. Come on out and join us.

